

Householders Self Help

Household Emergency Plan

Emergencies can affect the County with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others and enable you to support the vulnerable in your community.

Disruption to essential services such as water and electricity, to regional and national travel and telecoms are all ways an emergency can affect our busy everyday lives.

Complete the following sections and keep the plan in a safe place that all members of your household can easily access:

If you are not involved in an incident but are close by or believe you may be in danger, in most cases the advice is:

GO IN, STAY IN, TUNE IN.

Station	Frequency	Website
BBC Radio Devon	94.8, 95.8, 96, 103.4, 104.3 FM	www.bbc.co.uk/devon
Heart	100 - 102 FM	www.heart.co.uk/southhams/news/local/

INFORM THE REST OF YOUR FAMILY / HOUSEMATES

Household Contact Details		
Name	Mobile	Work

If you are evacuated is there somewhere you can go? Friends or Family?

If you can't contact each other, where should you meet / or who should you leave a message with?

Who will be responsible for picking the children up from school? (If applicable)

	How do you turn-off?	Who is responsible?
Electricity		
Gas		
Water		

KEY CONTACT NUMBERS

Emergency Telephone Numbers			
Emergency Services	999	Doctor	
NHS Direct	111	School	
Local Police Station	101	Home Insurance	
Local Authority	01803 861234		

Create an Emergency Box

Be prepared. Creating an emergency box will help you locate essential items quickly in an emergency.

Some suggested items are:	
Torch and spare batteries	Toiletries
Battery powered radio and spare batteries	List of useful contact numbers
Candles / Matches	A copy of this plan
First Aid Kit	Mask and anti-bacterial gel
Portable power pack	

There will probably be no need for an evacuation. If you do need to leave your home, you will be told where to go. Go there using your own transport. If you do not have your own transport, you will be told where to meet and transport will be provided.

Tick off the following things as you do them:

- ☐ Get your family and pets together
- ☐ Get a large bag or suitcase and pack the following items: -
- ☐ A supply of warm clothing and bedding
- ☐ Any special food that your family needs
- ☐ Any medicines that your family needs
- ☐ Baby food, clothes and nappies if needed
- ☐ Private documents & special valuables
- ☐ Some books and toys for children

Make sure that fires are out and that cookers, ventilation fans, TV's, electric fires and other electric appliances are switched off and unplugged.

Use this space to write down any other things that you think you will need to remember.

- ☐ Lock up your house and any other buildings and leave.

In case you are unable to leave the house, you should have:	
Bottled Water	Ready to eat food (tinned)
Bottle / Tin Opener	
In case you are stuck in your car, you should have:	
Bottled Water	Blankets
Torch and spare batteries	

If you are in a position where you are able to offer help to your community, start by checking that your neighbours are alright.

Name	Address	Home Telephone	Mobile

Useful Websites	
Devon County Council	www.devon.gov.uk and search Emergency Planning
Environment Agency	www.environment-agency.gov.uk
BBC Devon	www.bbc.co.uk/devon
National Flood Forum	https://nationalfloodforum.org.uk/